



## **Grange Primary School**

### **Physical Education**

#### **Intent**

At Grange Primary School, we aim to develop pupils who will be physically active and can flourish in a range of different physical activities. The aims of our PE curriculum are to develop pupils who:

- Are willing to practise skills in a range of different activities and situations, alone, in small groups and in teams, and to apply these skills in chosen activities to achieve exceptionally high levels of performance.
- Have and maintain high levels physical fitness.
- Lead a healthy lifestyle which is achieved by eating sensibly, being aware of the dangers of drugs, smoking and alcohol and exercising regularly.
- Are able to remain physically active for sustained periods of time and have an understanding of the importance of this in promoting long-term health and well-being.
- Take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others.
- Employ imagination and creativity in their techniques, tactics and choreography.
- Are able to improve their own and others' performance.
- Can work independently for extended periods of time without the need for guidance or support.
- Have a keen interest in PE - a willingness to participate eagerly in every lesson, highly positive attitudes and the ability to make informed choices about engaging fully in extracurricular sport.
- Can swim at least 25 metres before the end of Year 6 and know how to remain safe in and around water.



## **Implementation**

The subject leader monitors all aspects of the PE curriculum: coverage, progression, planning, teaching, learning and outcomes. To ensure consistency across the curriculum, the following are requirements for all subjects:

- A cycle of lessons for each unit, which carefully plans for progression and depth.
- Home challenges using and applying PE and other curricular areas.
- Detailed progression documents to ensure skills and knowledge are built upon across year groups, phases and key stages;
- School based house competitions and competitions with other local schools.
- A celebration of successes and achievements in PE.
- Opportunities to work with experts in the field and learn from their work ethic and demonstrations of good practice.

## **Impact**

Our PE Curriculum is high quality, well thought out and is planned to demonstrate progression. Progress and attainment is measured and tracked against age-related expectations, statements and standards using the National Curriculum over-arching aims:

- Children develop competence to excel in a broad range of physical activities;
- Children are physically active for sustained periods of time;
- Children engage in competitive sports and activities;
- Children lead healthy, active lives.

Rigorous and meaningful assessment is vital for consolidation, addressing misconceptions, determining next steps (individually and as a school) and celebrating success and achievements.

In addition, we measure the impact of our curriculum through the following methods:

- A reflection on standards achieved against the planned outcomes.
- A celebration of learning for each term which demonstrates progression across the school.



- Pupil discussions about their learning; which includes discussion of their thoughts, ideas, processing and evaluations of work.
- Participation in school based and external competitions and clubs.